

Fried Steak and Zucchini with creamy mashed potato's

Steak: Ribeye or New York Steak

Zucchini cut into wedges
*cut in half, then cut each half once
again, then
1 more cut to make wedges..*

options: adding mushrooms

Using about 2 tbs. Crisco, 2 tsp. butter,
heat up a fry pan until hot
then add the Steak to the pan and then turn
down onto medium heat...Once the
Steak is browned on one side flip over and
place a small dab of butter on top of the

steak..

add some zucchini wedges then spread
the rest of the zucchini, 1/2 tsp.minced
garlic

around in the pan...cover lightly with foil or
a lid for a few minutes

to soften the zucchini and absorb the steak
drippings and flavors...

garlic salt, pepper to taste...

Serve with creamy mashed potato's....